

## **Analiza bazy PsycARTICLES pod kątem tytułów przypisanych do słowa kluczowego „bibliotherapy”**

### *Analysis of the PsycARTICLES database – titles assigned to the keyword „bibliotherapy”*

#### **Abstrakt**

Przedmiotem artykułu będzie analiza bazy PsycARTICLES pod kątem tytułów przypisanych do słowa kluczowego „bibliotherapy”. Przedstawiona zostanie również bibliografia biblioterapeutyczna bazy PsycARTICLES.

#### **Słowa kluczowe**

biblioterapia, biblioterapia badania, biblioterapia literatura, PsycARTICLES

#### **Abstract**

The article will examine PsycARTICLES database titles assigned to the keyword „bibliotherapy”. There will be presented the bibliography of bibliotherapeutic literature available in PsycARTICLES database.

#### **Keywords**

bibliotherapy, bibliotherapy research, bibliotherapy literature, PsycARTICLES

PsycARTICLES baza danych opracowana przez American Psychological Association (APA), to wiarygodne źródło pełnotekstowych recenzowanych artykułów naukowych z dziedziny psychologii. Baza zawiera przeszło 153 000 artykułów z ponad 80 czasopism wydawanych przez stowarzyszenie American Psychological Association (APA) i fundację Educational Publishing Foundation (EPF), a także zaprzyjaźnione organizacje, takie jak Canadian Psychology Association oraz Hogrefe Publishing Group. Zakres chronologiczny materiałów sięga roku 1894, a zbiór obejmuje niemal wszystkie czasopisma APA od wolumenu 1, wydanie 1. (<http://web.a.ebscohost.com/>). Zgodnie z tezauresem PsycINFO do bazy PsycARTICLES termin bibliotherapy pierwszy raz został użyty w 1973 r. Biblioterapia definiowana jest jako użycie czytania jako wsparcia dla psychoterapii (use of reading as adjunct to psychotherapy), w szerszym znaczeniu jako leczenie (treatment) a za znaczenie powiązane z biblioterapią (related terms) uznano poezjoterapię (poetry therapy).

Do wartości logicznej/frazy BIBLIOTHERAPY w bazie PsycARTICLES przypisano 70 wyników wyszukiwania tzn. 70 pełnotekstowych artykułów opublikowanych

w czasopismach naukowych (recenzowanych naukowych) w przedziale czasowym 1948-2015.

Następująca liczba wyszukanych artykułów została przypisana do następujących tematów: bibliotherapy: 43 wyniki, major depression: 15, self help techniques: 10, cognitive behavior therapy: 8, group psychotherapy: 6, psychotherapy: 6, behavior therapy: 5, cognitive therapy: 5, prevention: 5, psychotherapeutic techniques: 5, individual psychotherapy: 4, psychotherapeutic processes: 4, sexual function disturbances: 4, treatment effectiveness evaluation: 4, intervention: 3, symptoms: 3, aggressive behavior: 2, alcohol abuse: 2, anxiety: 2, anxiety disorders: 2, at risk populations: 2, behavior disorders: 2, death and dying: 2, depression (emotion): 2, divorce: 2, group intervention: 2, inhibited sexual desire: 2, insomnia: 2, literature: 2, psychotherapists: 2, sexual abuse: 2, treatment outcomes: 2, adolescent psychotherapy: 1, air transportation: 1, assertiveness: 1, behavior change: 1, behavior modification: 1, books: 1, brief psychotherapy: 1, child abuse: 1, client attitudes: 1, client characteristics: 1, clinical judgment (not diagnosis): 1, clinical practice: 1, college academic achievement: 1, competition: 1, coping behavior: 1, counseling: 1, cross cultural differences: 1, drug rehabilitation: 1.

Następująca liczba wyszukanych artykułów została opublikowana w poniższych recenzowanych czasopismach naukowych: journal of consulting and clinical psychology: 25 wyników, journal of consulting psychology: 25, professional psychology: 12, professional psychology: research and practice: 12, psychotherapy: 10, psychotherapy: theory, research & practice: 10, psychotherapy: theory, research, practice, training: 10, journal of counseling psychology: 7, american journal of orthopsychiatry: 2, group dynamics: theory, research, and practice: 2, american psychologist: 1, bulletin of the society of psychologists in addictive behaviors: 1, bulletin of the society of psychologists in substance abuse: 1, canadian journal of behavioural science / revue canadienne des sciences du comportement: 1, canadian journal of behavioural science/revue canadienne des sciences du comportement: 1, canadian psychological review/psychologie canadienne: 1, canadian psychologist/psychologie canadienne: 1, canadian psychology: 1, canadian psychology/psychologie canadienne: 1, international journal of behavioral consultation and therapy: 1, journal of applied psychology: 1, psychiatric rehabilitation journal: 1, psychological bulletin: 1, psychological services: 1, psychology and aging: 1, psychology of addictive behaviors: 1, psychosocial rehabilitation journal: 1, psychotherapy with families: 1, psychotherapy with the elder and dying persons: 1, schizophrenia bulletin: 1, the canadian psychologist: 1, the humanistic psychologist: 1.

Wszystkie wyszukane artykuły zostały opublikowane w języku angielskim.

Badania opisane w artykułach dotyczyły następujących grup wiekowych: adulthood (18 yrs & older): 33 wyniki, young adulthood (18-29 yrs): 11, adolescence (13-17 yrs): 9, childhood (birth-12 yrs): 7, middle age (40-64 yrs): 7, thirties (30-39 yrs): 7, aged (65 yrs & older): 6, school age (6-12 yrs): 5, preschool age (2-5 yrs): 2.

Wyszukane artykuły zostały zaklasyfikowane do następujących obszarów psychologii: psychotherapy & psychotherapeutic counseling: 23 wyniki, health & mental health treatment & prevention: 15, cognitive therapy: 9, behavior therapy & behavior modification: 4, group & family therapy: 4, specialized interventions: 4, drug & alcohol rehabilitation: 2, behavior disorders & antisocial behavior: 1, behavioral & psychological treatment of physical illness: 1, cognitive & perceptual development: 1, gerontology: 1, marriage & family: 1, neuroses & anxiety disorders: 1, professional psychological & health personnel issues: 1, promotion & maintenance of health & wellness: 1, religion: 1, schizophrenia & psychotic states: 1, self help groups: 1.

W wyszukanych artykułach została zastosowana następujące podejścia metodologiczne: empirical study: 39 wyników, quantitative study: 16, followup study: 8, treatment outcome/clinical trial: 8, longitudinal study: 3, meta analysis: 2, clinical trial: 1, interview: 1, literature review: 1, qualitative study: 1.

W wyszukanych artykułach zastosowano następujące testy i pomiary: beck depression inventory: 4, schedule for affective disorders and schizophrenia for school-age children: 4, center for epidemiologic studies depression scale: 3, female sexual function index: 3, child behavior checklist: 2, hamilton rating scale for depression: 2, hurlbert index of sexual desire: 2, social adjustment scale-self report for youth: 2, spence children's anxiety scale: 2, anxiety disorders interview schedule for dsm-iv: 1, anxiety disorders interview schedule for dsm-iv, parent and child versions: 1, automatic thoughts questionnaire: 1, beck depression inventory-ii: 1, beck hopelessness scale: 1, brief symptom inventory: 1, cognitive therapy knowledge test: 1, composite international diagnostic interview version 3.0: 1, drinkers' inventory of consequences: 1, dysfunctional attitudes scale: 1, eating disorder diagnostic interview: 1, insomnia severity index: 1, loneliness scale: 1, mini international neuropsychiatric interview: 1, pleasant events schedule: 1, primary endpoint questionnaire: 1, revised children's manifest anxiety scale: 1, schedule for affective disorders and schizophrenia for school-age children (k-sads): 1, severity of alcohol dependence questionnaire: 1, sexual and physical abuse questionnaire: 1, short inventory of problems: 1, social adjustment scale--self report for youth: 1, social adjustment scale-self-report for youth: 1, structured clinical interview for dsm-iv: 1, symptoms check list-90-revised: 1, timeline followback interview: 1, university of rhode island change assessment scale: 1, university of rhode island change assessment scale--alcohol version: 1, wide range achievement test 3: 1.

Wyszukane artykuły ukazały się w następujących wydawnictwach: american psychological association (49), american association for applied psychology (25), dentan printing company (25), science press printing company (25), educational publishing foundation (20), division of psychotherapy (29), american psychological association (10).

Zaprezentowana analiza miała na celu uświadomić autonomiczność biblioterapii jako nauki w obszarze nauk społecznych. Obecność artykułów związanych z biblioterapią

pią w jednej z najważniejszych, elektronicznych pełnotekstowych baz danych z dziedziny psychologii podnosi rangę terapii czytelnicy jak i rzutuje na jej rozpoznawalność. Teksty związane z biblioterapią a opublikowane w prestiżowych psychologicznych czasopismach naukowych dotyczą wielu obszarów i tematów, grup wiekowych, przedstawiają różne podejścia metodologiczne – a tym samym doskonale sygnalizują interdyscyplinarność biblioterapii.

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